



# Integrated Healing

Turning kinesiology into kin-`easy`-ology

Integrated Healing is a revolutionary healing system that combines the best of Psychology, NLP, CBT, Life Coaching, Quantum Science, Physiology, Traditional Chinese Medicine, Kinesiology and many other modalities, with its own unique methodologies, to give you a profound yet simple approach to healing.

After 20 years of researching holistic healing, attending over 100 courses and consulting with experienced healers, the founders Mathilda van Dyk and Nic Oliver wanted to focus on the issues that most healing modalities don't address, find challenging or have limited success with.

These fascinating and fun-filled courses enable you to learn Integrated Healing as well as providing you with **a few days of 'you-time' packed with opportunities for healing and growth for yourself.**

Integrated Healing's holographic approach and simple structured protocol, enables new and experienced kinesiologists to help clients who are seeking deep and lasting relief from a wide range of emotional, spiritual, neurological, mental and physical dysfunctions.

For the *newly qualified kinesiologist*: Integrated Healing will instil confidence by adding structure, safety, flow and depth to your balances as well as giving you a wide range of tools for your 'tool kit'.

For the *experienced kinesiologist*: One of the benefits of the Integrated Healing approach is that nothing you have learned is redundant. The Healing Pathways Protocol will be a powerful add-on, rather than a replacement, for what you already do. Many experienced practitioners have switched to using IH as the basis for all of their balances, using their existing tools and modalities within the simple and safe, yet extremely powerful, framework of the IH structure to ensure deep and long-lasting balances.

**The focus is very different to most kinesiologies, as you will see from the following summary of some of the benefits of Integrated Healing(IH):**

- 🌀 IH is a Holographic system, addressing the 'total being'
- 🌀 IH does away with the need for Hip-and-Jaw stacking
- 🌀 IH re-introduces the power of ancient hands-on healing techniques
- 🌀 IH takes away the 'what-to-do-next' worry by being guided by the wisdom of the client's body
- 🌀 IH gives you a protocol template to confidently address any issue a client can possibly present
- 🌀 IH uses simple protocols to deal with difficult issues like Self-Sabotage & Deep Level Switching
- 🌀 IH integrates the healing on every dimension of the client's being
- 🌀 IH includes built-in safety tests that prevent healing crises
- 🌀 IH incorporates the *'tools-for-change'* used in Neuro-Linguistic Programming(NLP) to:
  - Ensure that the client creates a clearly defined outcome
  - Confirm that the client 'Chooses' their new healed state
  - Expose any secondary gain programs that may hinder the client's healing
  - Fill the 'void' that may be left by clearing redundant programs
  - Make sure that the client 'Owns' their healed state
  - Test and reinforce the client's 'Knowing and Believing' that healing has taken place

When we were questioning the simplicity of Integrated Healing, and whether healing could really be this easy, this quote from Diana Cooper inspired and reassured us:

**"If it is complicated, it's from ego. Spirit is simple."**

*Continued overleaf...*

## Working Holographically enables us to use simple protocols for difficult-to-deal-with issues such as:

- 🌀 Sabotage & Survival Programs
- 🌀 Inner Child Healing
- 🌀 Soul Integration
- 🌀 Chakra Gateways
- 🌀 Cutting Energetic Cords
- 🌀 Invasive Energies
- 🌀 Age Recession
- 🌀 Assemblage Point
- 🌀 Deep Level Neurological Switching
- 🌀 Clearing Negative Amygdala Memories
- 🌀 Clearing Self-Limiting Beliefs
- 🌀 Restoring Blueprint States
- 🌀 Clearing Phobias & Anxiety
- 🌀 Chamber of Memories
- 🌀 Clearing Redundant Vows
- 🌀 Physical Dysfunctions

## Spreading around the world:

Integrated Healing has spread rapidly into many different countries. There are now IH practitioners in England, Ireland, Spain, Portugal, France, Germany, Norway, Hong Kong, China, Singapore, Malaysia, Japan, South Africa, Australia, Mexico, Canada, USA, Chile, Brazil, India, Turkey, Thailand, etc.

Integrated Healing is one of only a few UK kinesiologies to have received the prestigious accreditation from the Australian Kinesiology Association, as well as AIK, IPTI, IICT, DGAK, Florida Dept of Health, etc. Both the Kinesiology Colleges of Ireland and Japan have also included IH as part of their curriculum.

## What Students have said about Integrated Healing Courses:

I have done many, many kinesiology courses and Integrated Healing is by far the best course I have ever done. Since I've started to use IH, my practice has become so busy that I am booked months in advance. - **Keita Saito**, Founder of the Japanese Kinesiology School, *Japan*

Many students are looking for advanced workshops to complement their current systems. They want more power, simplicity, maybe something really different, and good manuals. Integrated Healing delivers on all levels. I highly recommend IH to students who are open to new ideas and want to access and clear deep issues for their clients. - **Philip Rafferty**, Founder of Kinergetics and RESET, *Australia*

Fabulous! So simple, so helpful, so effective, so complete. It is so workable, I will be able to create even more depth to my clients' healing. Thank you, thank you, thank you! - **Mary de Tute**, Co-developer Edutherapy, Co-Founder Divine Healing Master Key, Co-developer Sekebal, *UK*

I feel I now have that 'missing something' I've been searching for. Huge CONGRATULATIONS on the great results of your work. - **Lee-Anne MacLeod**, Chairperson Aus Kin Assoc & **Brain Gym Edu-K Network**, *Australia*

I cannot explain how much I have enjoyed this course. It has elevated me beyond my expectations. Thank you for sharing your knowledge, empathy and wonderful spirit with us. The work you have channelled (created) is one of the most inspiring I have been exposed to. **AND AFTER MATHILDA CLEARED MY SNAKE PHOBIA IN A 45 MINUTE DEMO BALANCE, AND I CUDDLED THAT SNAKE, I FELT MOST LIBERATED! WOW! ANYTHING IS POSSIBLE!!** - **Simone Pilakoutas**, *South Africa*

Absolutely life-changing! Hard to believe something so simple can be so powerful! - **Valeria Nutt**, *Dubai*

Uplifting! Absolutely wonderful! **Every** kinesiologist has to do this course! - **Anna Szazs**, *Malaysia*

Great personal shifts in this workshop! Enjoyed the Self-Empowerment! - **Janine Haeusler**, *Hong Kong*

Integrated Healing re-ignited my passion for kinesiology. - **Christabelle Merrilees**, *Australia*

Integrated Healing is phenomenal! I use the IH protocol as a basis for all my healing work. Thank you Mathilda & Nic for being part of the Universal channel to make this happen. - **Kana Kanagasingam**, *Singapore*

For course content and more information see [www.integratedhealing.co.uk](http://www.integratedhealing.co.uk)